



# Contemplative Outreach of Orange County

## SCHEDULE OF EVENTS - 2017-2018

### 2017

**Nine Month Course: The Practice and Deepening of Contemplative Living** - the ongoing process of the Course provides an environment in which to integrate contemplative practices into one's life. The Course meets one weekend a month from September 2017 through June 2018. Brochure and application available.

St. Lawrence Retreat Center, Beacon, NY

Staff: Therese Saulnier, Cathy McCarthy

Cost: \$2475 - Deposit \$675

**Course Dates for 2017: September 15-17; November 17-19; December 8-10**

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**April 25-30, 2017 - Six Day Post Intensive Centering Prayer Retreat** - provides an opportunity for intensive Centering Prayer, Lectio Divina, Solitude and silence in community. Prior Centering Prayer retreat experience necessary.

St. Lawrence Retreat Center, Beacon, NY

Staff: Fr. Bill Sheehan, Cathy McCarthy

Cost: \$690 - Deposit \$150

**May 5-7, 2017 - Contemplative Chanting and Drumming** - includes periods of Centering Prayer in Common, silence and solitude. In this retreat, Barbara Woodzell will guide us in "Sound Healing" using meditative and contemplative drumming, chants from various cultures, including chanting God's Name in Sanscrit, contemplative movements and praying while drumming the 7 Chakras. Drums provided.

St. Lawrence Retreat Center, Beacon, NY

Staff: Barbara Woodzell, Cathy McCarthy

Cost: \$325 - Deposit \$125

**June 9-11, 2017 - Nine Month Course Renewal Weekend** - offered for those who have completed the Nine Month Course: The Practice and Deepening of Contemplative Living. The weekend includes periods of Centering Prayer, review of contemplative practices, soul-friending, sharing, silence and solitude in common.

St. Lawrence Retreat Center, Beacon, NY

Staff: Therese Saulnier, Cathy McCarthy

Cost: \$325- Deposit \$125

**August 18-27, 2017 - Ten Day Post Intensive Centering Prayer Retreat** - provides an opportunity for intensive Centering Prayer, Lectio Divina, solitude and silence in community. Prior Centering Prayer retreat experience necessary.

St. Lawrence Retreat Center, Beacon, NY

Staff: Rev. Bill Sheehan, Cathy McCarthy

Cost: \$970 - Deposit \$270

**December 1-3, 2017 - Centering Prayer Advent Retreat** - includes periods of Centering Prayer in common, Lectio Divina with emphasis on the Advent Readings, silence and solitude.

St. Lawrence Retreat Center, Beacon, NY

Staff: Sr. Peggy Murphy, Cathy McCarthy

Cost: \$325 - Deposit \$125



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## SCHEDULE OF EVENTS

2018

**Nine Month Course: The Practice and Deepening of Contemplative Living** - *the ongoing process of the Course provides an environment in which to integrate contemplative practices into one's life. The Course meets one weekend a month from September 2017 through June 2018. Brochure and application available.*  
St. Lawrence Retreat Center, Beacon, NY  
Staff: Therese Saulnier, Cathy McCarthy Cost: \$2475 - Deposit \$675

### Course Dates for 2018

**January 12-14; February 9-11; March 23-25; April 20-22; May 11-13; June 8-10**

**April 24-29, 2018- Six Day Post Intensive Centering Prayer Retreat** - *provides an opportunity for intensive Centering Prayer, Lectio Divina, Solitude and silence in community. Prior Centering Prayer retreat experience necessary.*

St. Lawrence Retreat Center, Beacon, NY  
Staff: Fr. Bill Sheehan, Cathy McCarthy

Cost: \$690 - Deposit \$150

**June 29-July 1, 2018 - Nine Month Course Renewal Weekend** - *offered for those who have completed the Nine Month Course: The Practice and Deepening of Contemplative Living. The weekend includes periods of Centering Prayer, review of contemplative practices, soul-friending, sharing, silence and solitude in common.*

St. Lawrence Retreat Center, Beacon, NY  
Staff: Therese Saulnier, Cathy McCarthy

Cost: \$325- Deposit \$125

**August 3-12, 2018- Ten Day Post Intensive Centering Prayer Retreat** - *provides an opportunity for intensive Centering Prayer, Lectio Divina, solitude and silence in community. Prior Centering Prayer retreat experience necessary.*

St. Lawrence Retreat Center, Beacon, NY  
Staff: Rev. Bill Sheehan, Cathy McCarthy

Cost: \$970 - Deposit \$270

**November 30-December 2, 2018 - Centering Prayer Advent Retreat** - *includes periods of Centering Prayer in common, Lectio Divina with emphasis on the Advent Readings, silence and solitude.*

St. Lawrence Retreat Center, Beacon, NY  
Staff: Sr. Peggy Murphy, Cathy McCarthy

Cost: \$325 - Deposit \$125

*To register or for additional information, contact Cathy McCarthy*

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